In an Emergency or Crisis

Your FFT worker is available **Monday through Friday from 9am to 7pm** for your support or assistance. You may access your clinician by calling their cell phone number listed above.

A FFT on-call clinician is available for you after 7pm on weekdays and on the weekend. **The on call person is available after 7pm and is reachable by dialing 211 and asking for the FFT clinician on call.**

What is an emergency or crisis situation?

An emergency and/or crisis, is where your child is actively and seriously threatening to hurt him/herself or others. It can be out of control behavior, risky behavior, or emotional distress. It can also be when your stress level is so high that it will seriously impact your parenting ability or the personal safety of you and/or your child.

In addition, **please list specific behaviors of your child and family members:**

_________________________________________________________________
_________________________________________________________________
_________________________________________________________________

Coping skills to use to prevent a crisis:

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_________________________________________________________________
_________________________________________________________________

During a Crisis family members will:

_________________________________________________________________
_________________________________________________________________
_________________________________________________________________